

# Pre-AUM field trip to Hummingbird Community



This is an invitation for a pre-conference field trip to Hummingbird Community on August 6, 2014, to experience first-hand an intentional spiritual community dedicated to co-creation, ecological sustainability and conscious evolution.

Hummingbird is located on 500 pristine acres nestled in the beautiful Sangre de Cristos Mountains of northern New Mexico about 45 miles south of Taos. Although eclectic in spiritual traditions practiced, the community is cultivating a co-creative culture, with emphasis on sustainable interpersonal relationship practices, and dedicated as a "living laboratory for the evolution of consciousness." Three community members are practitioners of Sri Aurobindo's Integral Yoga and have a strong connection with Auroville. The community practices both biodynamic and permaculture methods of farming, uses state-of-the art green building methods, and is off the grid utilizing solar energy systems.

For the past 16 years, Hummingbird Living School (the instructional arm of the community) has hosted a wide variety of programs consistent with the community's vision. These include co-creative community building, youth leadership trainings, conscious evolution, the creative arts, new economics, and ecological sustainability. The newest addition to the community's offerings is called WellNest. The facility offers programs and services for optimal health and well-being.

To learn more about Hummingbird, see the website:

[www.hummingbirdcenterforacocreativeworld.com](http://www.hummingbirdcenterforacocreativeworld.com)

If you would like to visit Hummingbird on August 6, please contact Bill Henson at [w.l.henson@att.net](mailto:w.l.henson@att.net) or at 303-817-2752.

The day-long excursion will leave from the Kachina Lodge in Taos at about 9:00 a.m. and return to the Lodge between 5:00 and 6:00 p.m. The trip is free and participants are encouraged to wear tennis shoes or hiking boots and bring a rain jacket. A free lunch will be provided at the ranch.